

Los Gatos Swim and Racquet Club

SUMMER SWIM TEAM 2013

Our program is a recreational yet competitive swim team. Current Club members between the ages of 5 to 18 are eligible, and the youngest participants must be able to swim the length of the training pool with side breathing and without stopping. We are one of five teams who compete in the Valley Aquatic League. The League's purpose is:

- to encourage healthy attitudes toward competition
- to promote the sport of swimming
- to improve personal swimming skills
- to provide as much competitive challenge in a summer program as possible
- to have fun!

INFORMATION: A registration packet will be available at the Front Desk Monday February 25th, 2013. Only completed applications (full payment, Parent Job Registration & Waiver) will be accepted.

SIGN UPS: Sign ups are divided into two priority groups. All sign ups within each group are first come, first serve. We hope everyone who wishes to return will be able to do so. If the roster (130 swimmers) fills before you can register your child, your child will be placed on the alternates list. Alternates will train with the team and will attend all social functions, but will have second priority on meet sign-ups. The last day to drop from the team (with coach's approval) and receive a full refund is Friday May 10, 2013.

PRACTICE REQUIREMENTS: Swimmers are strongly encouraged to attend at least three practices per week for 10 and under age groups, and four practices per week for 11 and older age groups, as well as represent the team at all meets. Eligibility for our league Championship Meet requires that a swimmer swim in at least two (2) league meets during the current season.

Summer Swim Team 2013

All children must be **CURRENT CLUB MEMBERS** (on the Membership) in order to sign up for swim team.

First priority sign ups begin Saturday, March 9, at 8:00 am.

All members of the Previous Summer Swim Teams, including alternates, are eligible.

Second priority sign ups begin Saturday, March 16, at 8:00 am.

This is open to all Club members.

IMPORTANT DATES: The numerous details of Swim Team will be discussed at the **Mandatory Parent Meeting** at 5:00 pm on Sunday, April 28, 2013. Parents are required to work at all meets, including the Championship Meet. Money earned from the snack-bar sales is used to purchase needed equipment for the team and help fund the awards dinner.

Afternoon practices start Monday, April 29. **Morning practices** begin on Monday, June 10. **Meets** are held on the following Saturdays: June 8, June 15, June 29, July 13, July 20, and Championships on July 27. Additional Dates: **Swimsuit Fitting** is on Sunday, April 28 from 3:00 pm to 5:00 pm. **Picture Day** is Wednesday, June 19 at 7:30 am.

PRACTICE TIMES

April 29 - June 7

Time	Age Group
3:30 pm - 4:15 pm	8 Years & Under
4:15 pm - 5:15 pm	9 - 12 Years
5:15 pm - 6:30 pm	13 Years & Up

June 10 - July 26

Time	Age Group
7:00 am - 8:20 am	13 Years & Up
8:20 am - 9:10 am	9 - 12 Years (8:30 for Camp)
9:10 am - 9:45 am	8 Years & Under w/out Conflicts
Monday and Wednesday Evenings	
6:30 pm - 7:10 pm	9 - 12 Years
7:10 pm - 8:00 pm	13 years & Up

Fee Schedule for Summer Swim Team

First Swimmer	\$230.00 (Includes T-Shirt & Swim Cap)
Second Swimmer	\$200.00 (Includes T-Shirt & Swim Cap)
Third Swimmer	\$175.00 (Includes T-Shirt & Swim Cap)

If there are more than three swimmers in one family, there is an additional \$100 fee per participant. Cash or checks (made out to Los Gatos Swim and Racquet Club), must accompany registration.

Los Gatos Swim and Racquet Club
SUMMER SWIM TEAM CALENDAR

2013 Meet Schedule

Saturday, June 8	Practice Meet at LGSRC - Ice Cream Social
Saturday, June 15	Los Ranchitos at LGSRC
Saturday, June 22	Bye
Saturday, June 29	LGSRC at Westgate
Saturday, July 6	Byes for All League Teams
Saturday, July 13	LGSRC at Morgan Hill
Saturday, July 20	Encore at LGSRC
Saturday, July 27	Championship Meet at Morgan Hill Aquatic Center

Home Dates

Sunday, April 28	3:00 pm - 5:00 pm	Swimsuit and Team Sweats Fitting and Order Day
Sunday, April 28	5:00 pm	Mandatory Meeting for all Parents & Swimmers (Job Assignment List and Instruction Sheets available)
Monday, April 29	3:30 pm	First Day of Practice
Saturdays, May 4, 11, 18, 25, June 1	7:00 am	Stroke Clinics
Friday, May 10		Last Day to Order Team Sweats and Swimsuits
Saturday, May 18	8:00 am	Stroke and Turn Clinic for Judges
Saturday, June 8		Practice Meet at LGSRC - Ice Cream Social
Monday, June 10		Morning Practice Schedule Begins (Afternoons End)
Wednesday, June 19	7:30 am	Team Pictures - Individual & Group Shots
Wednesday, June 19	10:00 am - 6:00 pm	Raging Waters
Friday, July 19		Deadline to Submit digital images for Awards Banquet
Thursday, July 25	4:00 pm - 8:00 pm	Golfland Pep Rally
Sunday, July 28	4:00 pm	Awards Ceremony and Slide Show

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Please arrive dressed and ready to swim. Allow five minutes to stretch prior to practice time.